

## Wellbeing webinar series One

April 7<sup>th</sup> – May 19<sup>th</sup> 2021  
12noon-1pm



**Arden & GEM's Organisational Development (OD) Consultancy works with a range of healthcare clients, and their employees, to promote and maintain staff wellbeing.**

We have developed a virtual programme to support individuals to take care of their financial wellbeing, as people experience worry or anxiety in a changeable working and home life environment.

We believe staff should have an understanding of their finances throughout all stages of their working and non-working life. Our wellbeing webinar series is designed to support staff to deal with any short term changes in circumstances, as a consequence of the coronavirus epidemic or a recent life changing event, as well as think about their long term financial situations.

Many workers may have experienced changes to circumstances over the past few months. Some staff roles may have changed, some retired staff may have returned to work and some staff may be thinking about retiring earlier. Partners may be furloughed or there may have been a family bereavement.

These sessions will help attendees understand the impact of these changes on their financial wellbeing now and for their future financial health. Household members are invited to attend too!

### **Wednesday April 7<sup>th</sup> 12noon – 1pm**

Introduction to your Financial wellbeing offering a summary of all webinars

Join us on the day by clicking here: [April 7th 2021](#)

### **Wednesday April 14<sup>th</sup> 12noon – 1pm**

Everything those aged 30+ need to know about pensions, Retirement and Winding down

Join us on the day by clicking here: [April 14th 2021](#)

### **Wednesday April 21<sup>st</sup> 12noon – 1pm**

Planning for ill health and death: Bereavement payments, estates, legacies, wills and power of attorney.

Join us on the day by clicking here: [April 21st 2021](#)

### **Wednesday April 28<sup>th</sup> 12noon – 1pm**

Making the most of salary sacrifice and staff benefits and investments.

Join us on the day by clicking here: [April 28th 2021](#)

### **Wednesday May 5<sup>th</sup> 12noon - 1pm**

The McCloud Pension – What it is and how it will affect you

Join us on the day by clicking here: [May 5th 2021](#)

### **Wednesday May 12<sup>th</sup> 12noon – 1pm**

Annual Allowance guidance for those with an income (wages plus other) of over £70k per annum

Join us on the day by clicking here: [May 12th 2021](#)

### **Wednesday May 19<sup>th</sup> 12noon – 1pm**

Using Life Coaching to support your Financial wellbeing

Join us on the day by clicking here: [May 19th 2021](#)